

# PARIS MINOR HOCKEY AWARDS

## **General Award Criteria**

For any hockey player to be considered or selected for an award (excluding participation awards) they must meet all of the following criteria.

- Player is in 'good standing' with PMHA
- 75% attendance to practices (exclude sickness and injury)
- 90% attendance to regular season games (exclude sickness, injury, work (midget) and invitational tournaments)

Coaches are asked to solicit feedback from parents when determining team awards. This feedback should be considered when selecting award winners but would not be the determining factor. Coaching Staff will have the final say on team awards.

## **Most valuable Player**

This honor is typically bestowed upon the best performing player on a specific team who has contributed the most to the success of the team. This player demonstrates:

- Excellent skills
- Displays leadership ability
- Commitment and dedication
- Ability to be a team role model, during practices and games, as well as on and off the ice
- A positive influence on people around them
- Ability to support his/her teammates, encourages others, displays a positive attitude during good and bad plays, and helps others when they get down or frustrated

The head coach of each team submits a nomination; after reviewing all nominees from all teams the PMHA Executive will select one winner.

## **Heart Award**

The Heart Award was created in memory of Cathy Hoogstraten, a former PMHA member, who lost her battle with breast cancer in 1998.

Certainly, this award denotes the character of the player's success. This award is a sum total of all the awards put together, Most Dedicated, Most Improved, Most Sportsman, and Most Valuable Player. This award also recognizes the ability to be an outstanding person outside of hockey, responsible, enthusiastic, and always strives to help others. This individual does not look for recognition; just focuses on the real and true values and contributions they can make. A player who demonstrates a positive attitude on and off the ice, and who has a desire to excel, is self-motivated, and has heart.

The head coach of each team submits a nomination; after reviewing all nominees from all teams the PMHA Executive will select one winner

### ***Esso Awards***

The following 3 achievement awards (medal and certificate as provided by ESSO) will be presented to 3 players from each House League and Rep teams.

#### **Most Improved**

This player showed the most improvement throughout the season. Every time they stepped on the ice they worked hard to improve their skills and to make themselves better team members. They had a great work ethic, great attitude, and became a role model for teammates to follow. They always showed a 'never give up' attitude.

#### **Most Sportsmanlike**

This award recognizes the person that displays positive conduct and attitude on and off the ice, works hard in practices and games, rarely penalized, is concerned for everyone around them (on both teams), can handle winning and more importantly losing. They are also respectful towards players and officials, supportive of others especially when making mistakes, has fun but also competes when required.

#### **Most Dedicated**

This award goes to a player who shows spirit, sportsmanship and tireless effort and dedication no matter if winning or losing. This player attends most practices and games and works hard the entire time on the ice. They would be someone that every coach would like on their team due to their level of commitment, as well as their willingness to learn.

### ***Volunteer Awards***

#### **Local League / Rep Coach of the Year**

This award is presented on an annual basis to a Coach that has shown not only "hockey knowledge" but "people skills". This Coach will have demonstrated respect and leadership towards children, adults of the game, be it parents, co-coaches, or officials.

Our children become involved in hockey for a variety of different reasons, they also come into hockey at the beginning of each season with enthusiasm, different attitudes and various levels of skills. Therefore our coaches and in particular our Coach-of-the-Year, would have demonstrated patience in allowing for individual differences. They would be a role model on and off the ice while motivating & encouraging the growth of hockey's younger enthusiasts.

Things that should be considered (but not limited to) is that the Coach:

- Represents values, goals and objectives of PMHA
- Continuously shows respect for players, officials, opponents and parents
- Treats everyone fairly and promotes fair play
- Demonstrates concern for all-round development of the athlete and promotes responsible conduct even beyond the rink
- Presents a positive public image of coaching and the role of the coach;
- Applies relevant training theory and coaching practice;
- Demonstrates a proven capacity to improve the team's or athlete's performance
- Certified in at least one level of the National Coaching Certification Program (includes IP)

Parents, players or parent representatives are asked to submit names of coaches who would be deserving of this award, and provide a written explanation as to why the Coach is being nominated and how they worked to satisfy the above criteria.

### **Local League / Rep Trainer of the Year**

This award is presented on an annual basis to a Trainer that has shown not only “First-Aid knowledge” but “people skills”. This Trainer will have demonstrated respect and leadership towards children, adults of the game, be it parents, co-coaches, or officials. This award signifies outstanding achievement in the area of safety and risk management and contribution to the Hockey Trainers’ Certification Program

Therefore our Trainers and in particular our Trainer-of-the-Year, would have demonstrated patience in allowing for individual differences. They would be a role model on and off the ice while motivating & encouraging the growth of hockey’s younger enthusiasts.

Things that should be considered (but not limited to) is that the Trainer:

- Represents values, goals and objectives of PMHA
- Continuously shows respect for players, officials, opponents and parents
- Treats everyone fairly and promotes fair play
- Demonstrates concern for all-round health and well being of the athletes
- Applies relevant training theory
- Demonstrates a proven capacity to improve the team’s or athlete’s performance
- Certified Trainer in at least one level of the Hockey Trainers Certification Program [HTCP]

Parents, players or parent representatives are asked to submit names of coaches who would be deserving of this award, and provide a written explanation as to why the Coach is being nominated and how they worked to satisfy the above criteria.

### **Adult Volunteer of the Year**

This award is presented on an annual basis to a Paris Minor Hockey parent/guardian who has been a dedicated volunteer in furthering the objectives of the Paris Minor Hockey. They dedicate the time and energy towards making the hockey season a positive experience for everyone around them. This person will demonstrate respect and leadership of not only children but also the adults of the game, be it parents, co-coaches, or officials.

Coaching staff should consider the numerous volunteers involved with their teams and identify one that goes well beyond the call of duty and demonstrates the following:

- Demonstrates exceptional “organizational” and “planning” skills
- Has had a positive impact on their respective team
- Shows respect for players, coaches, officials, opponents and other parents
- Presents a positive public image for their respective team
- Plays an active role at team events and is viewed as being more than a ‘typical’ hockey parent/ guardian

Coaching staff(s) are asked to solicit feedback from parents and submit names of volunteers who would be deserving of this award, and provide a brief written explanation as to why the person is being nominated.

### **Student Volunteer of the Year**

This award is presented to an individual youth who has excelled in volunteering with our association for the hockey season.

### **PMHA Scholarship Awards (Midget Players Under 20)**

Each year the Paris Minor Hockey Association awards one scholarships of \$500.00 to a 3rd year Midget players. The Paris Minor Hockey Association encourages all high school graduating players (male and female) to apply. These scholarships are based on a point system. The recipients of these scholarships must meet the following criteria:

- Applicants must be a graduating high school students as of September of the year application is submitted.
- Applicants must reside in an area within the boundaries of the Paris Minor Hockey Association.
- Applicants must have registered with the Paris Minor Hockey Association for the previous season.
- The applicant must be in good financial standing with the Paris Minor Hockey Association.
- Applicant must be enrolled in a post-secondary educational institution.

The player is asked to complete the necessary application and file with PMHA by April 15 of the current year, along with an official high school transcript, an essay of approximately 500 words discussing your educational goals and any other comments which may aid the selection committee in its decision.

Coaching staff(s) are asked to solicit feedback and submit names of Players who meet the above criteria of this award. After reviewing all entries the PMHA Executive will select one winner.